



## N.O. EXPRESS Cell-Signaling Vasodilator

**Increase Muscle Size \* Increase Strength \* Increase Endurance \* Increase Recovery Time \* Decrease Muscle Catabolism**

Nitric Oxide or NO is a molecule consisting of one atom of nitrogen and one atom of oxygen. The production of NO occurs when the amino acid L-Arginine is converted into L-Citrulline through an enzyme group known as Nitric Oxide Synthase (NOS). This short-lived, endogenously produced gas acts as a signaling molecule in the body. NO is very beneficial in controlling the circulation of blood and in the regulating of the brain, lungs, kidneys, liver, and other vital organs. With the help of NO, blood pressure can be lowered while both blood flow and vasodilation are improved.

What exactly is a vasodilator and how can it benefit you? Vasodilation is when blood vessels dilate or relax. When blood vessels relax, they tend to widen. Since NO widens blood vessels, it can increase the supply of oxygen and blood to the body. With an increase of oxygen and blood flow, more nutrients are available to the muscle tissue. This translates into bigger, fuller pumps and better lean muscle gains. While taking NO, one can expect increased muscle size, strength, endurance, and quicker recovery times.

### **The Arginine Within**

The majority of NO products only contain one form of Arginine as the active ingredient. NO Express has two forms: Arginine Alpha-Ketoglutarate and Arginine Malate. Arginine Alpha-Ketoglutarate has been used to treat patients suffering from burns, surgery, malnutrition, and trauma. Although the precise mechanism is unknown, AKG treatment decreases muscle protein catabolism (breakdown) and/or increases protein synthesis, in addition to promoting wound healing. Arginine Malate is a non-polar form of Arginine and is rapidly absorbed in the body. These two unique forms make NO Express more potent than the majority of NO products that just contain L-Arginine Base.

There are many NO products that are available. What separates NO Express from the others is its proprietary NO Muscle Matrix Blend. Not only does NO Express contain 2 powerful and fast absorbing forms of Arginine, it also contains L-Citrulline Malate, L-Tyrosine, and Trimethylglycine. This synergistic and powerful NO containing blend produces a response that is incredibly effective. NO Express also contains the patented ingredient Microlactin™ (IgG Hyperimmune Micronutrient Peptide) for increased joint health, promotion of healthy cholesterol, and improved muscle recovery after exercise. As an additional benefit, Caffeine USP and Evodiamine are added for increased thermogenesis, focus and enhanced energy levels.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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